

97th Port Washington Invitational

Presented by Port Washington Union Free School District

Friday, May 1st, 2015 4:15pm

Location: Port Washington High School, 4:15pm

Clerking: Will begin at 4:15pm

Entries: Entry due date is Friday, April 24, 2015.

NO ENTRIES WILL BE ACCEPTED THE DAY OF THE MEET.

The fee is an entry fee and not a participation fee. Once an entry is accepted, the entry fee **must** follow.

Eligibility: Each athlete is limited to 2 events in total (running and field combined). Only freshman and sophomores can enter the Frosh/Soph Invitational 1600/1500m.

Relays: Relays are limited to one team per school.

Invitational Events: The following events are considered invitational events; 1600m/1500 Open and Frosh/Soph Division, 200m Dash.

All coaches who wish to have athletes considered for invitational events must pre-seed.

Please send all seeds to Nicole Dumpson at Portwashingtontf@gmail.com

All seeded entries must be submitted with athletes full name, school, performance, performance date and meet location. Teams are limited to a 3 athlete maximum in invitational events. Field sizes are listed below. Meet management reserves the right to adjust the number of competitors in the invitational events.

1600m/1500m	16 athletes will be accepted
200m Dash	12 athletes will be accepted

Field Events:	Boys Opening Heights	Girls Opening Heights
	High Jump 4'10"	High Jump 4'2"
	Pole Vault 8'0"	Pole Vault 6'0"

In the shot put, discus, long and triple jump: all the first jumps and throws will be measured. After that only those over a certain distance will be measured.

Awards: Medals will be given to the top four finishers in all individual events.
Medals will be given to the top three teams in all relay events.

Entry Fees: \$175.00 boys, \$175.00 girl's team or \$325.00 combined team, plus the cost of timing and one official per team. Officials will be split between Section VIII schools and billed through BOCES.
Individuals: \$8.00 per event. **Relays:** \$20.00 per event or use the blanket entry

QUESTIONS: Nicole Dumpson – (516) 469-7763 Portwashingtontf@gmail.com
Jeremiah Pope – (516) 417-0055 jpope9.jp@gmail.com

REFRESHMENTS AND T-SHIRTS WILL BE SOLD

97TH Annual Port Washington Invitational

Friday, May 1st, 2015, 4:15 PM

Track Order of Events

Boys 400IH
Girls 400IH
Boys 100m Dash
Girls 100m Dash
Boys 1600m Invitational F/S
Girls 1500m Invitational F/S
Boys 1600m Invitational Open
Girls 1500m Invitational Open
Boys 400m Dash
Girls 400m Dash
Boys 110HH
Girls 100HH
Boys Invitational 200m
Girls Invitational 200m
Boys 800m
Girls 800m
Boys 4x400m
Girls 4x400m
Boys 4x100m
Girls 4x100m
Boys 4x800m (Only if time permits)
Girls 4x800m (Only if time permits)

Field Order of Events

Girls Shot – followed by Boys Shot Put
Boys Discus – followed by Girls Discus
Girls Long Jump – followed by Boys Long Jump
Girls Triple Jump – followed by Boys Triple Jump
Boys High Jump – followed by Girls High Jump
Boys Pole Vault – followed by Girls Pole Vault

Port Washington UFSD

97th Annual Port Washington Invitational

Entry Form

NAME OF SCHOOL: _____

SCHOOL ADDRESS: _____

SCHOOL PHONE: _____

TEAM ENTERED: Boys _____ Girls _____ Both _____

BOYS COACH: _____

PHONE: DAY _____ EVENING _____

E-MAIL: _____

ASST. COACH: _____

GIRLS COACH _____

PHONE: DAY _____ EVENING _____

E-MAIL: _____

ASST. COACH: _____

BOYS ENTRY \$175 _____

GIRLS ENTRY \$175 _____

BOTH ENTRIES \$325 _____

INDIVIDUAL ENTRIES \$8 per event _____

RELAYS \$20 per team _____

TOTAL \$ _____

Athletic Director's Signature

P.O. #

Please send completed entries by mail or fax to:

Schreiber High School

C/O Nicole Dumpson

101 Campus Drive

Port Washington, NY 11050

PHONE NUMBER: (516) 767-5990

FAX NUMBER: (516) 767-5994

Please make checks payable to: **Port Washington UFSD**